All are welcome to our free presentation

“Transformation: Bullied to Fearless”

How families can support our children to become fearless, powerful, and passionate students and leaders.

Wednesday, September 23
Hoover Library, 3501 Country Club Lane, Lakewood, CA 90712
PTAHooverMiddleSchool@gmail.com
lbhoover.schoolloop.com/pta

6:30pm  PTA General Association Meeting
7:00pm  Guest Speaker Naami Jane

Self-esteem is made up of the thoughts, feelings, and opinions we have about ourselves. That means self-esteem isn't fixed. It can change, depending on the way we think. Sometimes, people don't even realize that they're thinking so negatively, but once you're aware, you can begin to change the way you think.

Did you know?
75% of girls with low self-esteem reported engaging in negative activities like cutting, bullying, smoking, drinking, disordered eating or taking part in activities with boys that they've ended up regretting later.

38% of boys in middle school and high school reported using protein supplements and nearly 6% admitted to experimenting with steroids.

Naami Jane (Nigh-ay-me) was born in Liverpool, England and raised by her mother and grandparents before moving to America at the young age of 11. Growing up in a small town in Florida, Naami struggled with bullying, low-self-esteem and doubted her self-worth as a skinny, nerdy, immigrant of Kenyan, British and Jamaican origins. At 18, she moved to Atlanta, Georgia to pursue a career in modeling. She endured many trials including the deportation of her mother back to Britain, leaving her with no immediate family nearby. She moved to Los Angeles where her career as a model really started to take off. She has been featured in numerous music videos (MTV), print ads (Jet Beauty of the Week) as well as commercials (featuring Snoop Dogg) and walking in local LA fashion shows. Learning at a young age just how cut-throat and harsh the fashion industry could be, Naami had to develop a tough skin to protect herself. All that external validation of her beauty, made it hard for Naami to form an identity beyond making people approve of her. She had to learned to differentiate professional failure from her personal worthiness. She learned that it was OK to rely on other people and ask for help. Today, Naami is a fearless, powerful, and passionate woman who is pushing hard to achieve all of her goals in modeling, working for Google, and speaking to parents and students to create their own world of limitless possibilities.